

DOJO RIORGEOIS

PRESENTATION OF THE ASSOCIATION

Designation:	DOJO RIORGEOIS
Status:	Loi de 1901 (Loi de 1901)
Equipment:	DOJO MUNICIPAL
Functioning:	Board of Directors (volunteers) <i>(Managing Director, treasurer, secretary, membres)</i>
Coach:	Instructor State Diploma, wage earner of the association
Membres:	approximately 140 people, starting from 5 years old.

TEACHING

The practice of JUDO is taught in a way of educational games for the 5 years old. The regular practice of the teaching is done step by step and gradually. From 7 years old, for the most hardened ones, 2 courses by week will be given with possibilities of friendly matches and also training sessions of 2 or 3 days running. The 11 years old will take part in their first official competitions and regional championships. The 15 years old will get 3 training sessions per week and also possibilities of international training course over the summer. A judo-jujitsu (self defence) course is taught to adults twice a week (no competition planned). Every year, this section will make a demonstration of their talent during the presentation of the Club over the Christmas holidays.

CONTACTS

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